

# Circuit of Coniston Water

**35 km / 22 miles**

**1220 m / 4000 ft of ascent**

A route around Coniston Water taking in Nibthwaite, Grizedale Forest, Tilberthwaite, Coniston and over Beacon Fell. In parts it is coincident with the Cumbria Way. A digital route file based on the route description can be downloaded from the LDWA website.

		Grid reference
Start	Water Yeat	SD 288 891
	Bouthrey Bridge	SD 291 889
	High Nibthwaite	SD 294 896
	Lawson Park	SD 317 951
	East Side car park	SD 316 978
	Road footpath junction	SD 316 982
	Booncrag Farm	SD 315 983
	Low Yewdale Farm	SD 312 990
	High Yewdale Farm	SD 314 997
	Low Tilberthwaite	NY 305 011
	Hole Beck	SD 293 990
	Miners Bridge	SD 294 980
	Coniston	SD 299 976
	Road footpath junction	SD 301 971
	Beacon Fell	SD 277 906
	Beacon Tarn	SD 274 903
	Footpath junction	SD 274 898
	Road	SD 283 892
Finish	Water Yeat	SD 288 891

Maps required: OS Landranger sheets 90 & 96  
or OS Explorer sheets 6 & 7

To receive a badge and certificate please write a brief description of your walk, including the date, time taken, your name as you would like it to appear on the certificate, and the address to which they should be sent. Either post it, with a cheque for £1 payable to 'P H Grayson', to:

Mr P H Grayson  
2 Thirlmere Close  
Millom  
Cumbria  
LA18 4PJ

or email it to 'peterhgrayson@yahoo.co.uk', and you will then be asked to transfer £1 to a PayPal account.

## Route description

From the A5084 at Water Yeat take the minor road down to Bouthrey Bridge. Turn left after bridge and follow footpath alongside River Crake, to come out on to the Nibthwaite Road. Turn left and follow road into Nibthwaite village, then take footpath at GR 293897, veering right up track, left through next gate onto bridle track. Follow it for a couple of miles until you reach Low Bethacar National Trust house. Go behind right side of house on track and follow it to gate. Go through and follow path left across moor up onto shoulder of hill. Pick up yellow marker signs and follow them into path leading into Grisedale Forest. Continue on track until you reach gravel track and left to GR 317951, and turn left down through trees to Lawson Park. Continue on path until you reach road. Turn right and follow to car park 'East Side of Lake' GR 316978. From car park follow road to junction.

Turn right then next left, passing Boon Crag Farm. Continue on this bridle track, crossing Yewdale Beck, to arrive at Low Yewdale Farm. Pass behind the farm, go through gate and into fields to High Yewdale Farm. Turn left on main road and take second right and follow minor road to Low Tilberthwaite GR 305011. Go behind the houses and climb the excellent broad track to the top of Tilberthwaite Gill. Cross the gill at the top and follow narrow footpath 'Underweatherlam to Holebeck Pass' GR 293990. (Look at the wonderful view down into Coppermines Valley with the climbers huts and Youth Hostel). Follow the steep descent until you reach the gravel road and the Levers Water Beck below. Follow road into Coniston 299976. Follow road to stile GR 301971. Go over it and follow track down to Coniston Hall. Continue on footpath alongside Coniston Water to car park GR 288926. Cross A593 to bridge/stepping stone. Go over into shallow valley, up to disused reservoir, turn left and follow Cumbia Way, crossing minor road to summit of Beacon Fell. Follow path to south end of tarn, turn left and follow path then road to Water Yeat.